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Faculty of Education
Educational Counselling

INTERNSHIP COMPENDIUM

Last revised September 27th, 2009

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Counselling Internship: Basic Requirements

This compendium is a guide that will assist you in finding an internship placement. The placements listed in this compendium are **not** pre-approved. You may negotiate an internship placement with an agency that is not in this document. Please note, ALL internship placements must be approved by your Faculty Advisor well in advance of the start of the internship. In order for your Faculty Advisor to approve your internship you must have, in writing, the following information:

- An agreement with the site that you will be able to complete your minimum requirements during the given semester. A downloadable copy of the Internship Approval Form is available at www.uottawacounselling.ca.
 - A minimum of 200 total internship hours are required per semester. Within these 200 hours, 60 must be direct client contact hours.
 - Your site supervisor must hold a minimum of a Master’s degree in counselling or related mental health discipline.
 - You must be assured of at least one full hour of supervision on-site per week.

Please note that internship is a two-part arrangement. You must complete approximately 15 hours per week at your internship site. In addition, there is a three hour internship seminar that you must attend every week.

Some conditions that you must consider:

- All internship hours must be completed on-site
- The client contact hours specified must be face-to-face. We will not accept telephone contacts as part of your minimum 60 client contact hours (i.e., at least 60 must be face-to face, you may count telephone counselling only if there are 60 face-to-face contacts).
- Your internship placement must allow you to have ongoing counselling with clients. We will not accept placements that only have single session arrangements with clients.
- You may start at an internship site prior to the first class in the semester (some sites request this for training and orientation), but please note that these are not officially internship hours--the University’s insurance kicks in after the first class and no hours prior to the first class can be logged as internship hours.
- Internship I EDU 6473 is not offered in the winter semester.

For information regarding internships, and to have your placement approved, please contact your Faculty Advisor:

Dr. David Smith (613) 562-5800 x 4344 David.Smith@uottawa.ca	Dr. David Paré (613) 562-5800 x 4039 dpare@uottawa.ca	Dr. Nick Gazzola (613) 562-5800 x 4030 gazzola@uottawa.ca	Dr. Cristelle Audet (613) 562-5800 x 4060 caudet@uottawa.ca
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If you have not been assigned a Faculty Advisor, please consult the Educational Counselling Program Co-ordinator, David Pare.

Information for Interns and Supervisors

I. Brief Program Description

Students admitted to the M.Ed. (Educational Counselling) program typically come from a broad range of backgrounds—the most common being an undergraduate degree in Education or Psychology. They must have at least a “B” standing in their previous education, provide a letter describing their reasons for pursuing graduate education in counselling, and have two letters from former employees or educators documenting their personal and professional suitability for admission to the counselling program. Once enrolled, students may complete the academic requirements either full- or part-time. The course requirements are 36 credits (27 compulsory and 9 electives):

9 Compulsory Courses:

- EDU 5190 – Introduction to Research in Education (taken during the first or second semester of enrolment).
- EDU 5199 – Synthesis Seminar (a major paper written during the final semester).
- EDU 5271 – Counselling Theories and Practice I
- EDU 5270 – Ethical and Legal Dimensions of Counselling
- EDU 5471 – Micro-counselling
- EDU 5473 – Theories of Career Development
- EDU 6473 – Internship in Counselling I
- EDU 6474 – Internship in Counselling II
- One additional counselling course within the concentration

3 Elective Courses among the following:

- EDU 5274 – Tests and Measurement in Educational Counselling
- EDU 5371 – Selected Topics in Educational Counselling
- EDU 5372 – Models of Consultation and Case Management in Educational Counselling
- EDU 5373 – Education of Marginalized Youth
- EDU 6271 – Counselling Theories and Practice II
- EDU 6472 – Seminar and Practicum in Group Counselling

NOTE: Under new program requirements, students must complete EDU 5271 and 5471 prior to enrolling in their first internship, and the internship courses must be completed in numerical order.

II. Internship Description and Requirements

Internship Description and Minimum Requirements

Each 3-credit counselling internship course is comprised of two components: The internship placement and the internship seminar. The two components must be completed

concurrently and attendance at the weekly seminar is mandatory. At the internship site students will receive supervision and training that is specific to that placement. It will be largely up to the intern and the on-site supervisor to determine how this will unfold on a day-to-day basis. At the internship seminar students will participate in discussions about cases, professional issues, and counselling events. These discussions are intended to provide the student with a “rounded experience.” Its primary purpose is to expose students to a variety of problems, issues, and perspectives. Internship courses are designed to facilitate the transition from being a student in counselling to an autonomous, ethical, and professional counsellor.

Students in the M.Ed. in Educational Counselling participate in practica at a range of workplaces in the Ottawa area. Please note that all placements must be approved by a Faculty member of the Educational Counselling concentration, and that no internship arrangements are official until this has been done.

Students are expected to log a *minimum* of 200 hours for each of the two internship courses. 60 hours of this total must be spent working directly with clients. After completing the two internship courses, EDU 6373 and EDU 6474, the student will have the minimum internship requirements required by the Canadian Counselling Association for becoming a *Canadian Certified Counsellor*. That is, 400 total internship hours and 120 direct client-contact hours. The *Counselling Log* includes a more detailed list of possible internship activities. Some supervisors prefer that interns spend two consecutive semesters at their site, while others accept interns for one semester at a time. Interns interested in two-term placements should negotiate this with prospective site supervisors.

Counselling Interns are expected to make initial contact with approved field supervisors at least 6-8 weeks prior to commencing the internship. Interns should contact supervisors to introduce themselves and request supervision of their counselling internship. The student and field supervisor typically meet to discuss the student’s goals and academic preparation, the details of the internship placement, and to confirm mutual compatibility. At this meeting, interns should supply an updated resume.

Liability Insurance

An intern’s practise at the placement is insured by the University of Ottawa. According to the policy, interns are not covered for any counselling-related activities for which they are not being directly supervised by the university supervisor (i.e., the professor responsible for the internship seminar). Students wishing to continue counselling at their internship placement after completing the internship seminars must negotiate liability insurance directly with the agency or purchase their own insurance. The University of Ottawa will not be responsible for the student once the internship courses are completed.

Internship Process

It is understood that by accepting the intern, the internship agency will provide the intern with the opportunity to complete the minimum requirements (i.e., 60 client contact hours

and 200 total hours) and will guarantee adequate and regular supervision of the intern. ***It is expected that interns receive a minimum of one hour of supervision per week at their internship sites.*** Supervision is a collaborative, interactive process intended to monitor the quality of client care, improve the intern's counselling skills, and facilitate professional growth.

Field supervisors must minimally possess a Masters degree in Counselling (or counselling-related discipline, like Social Work or Clinical Psychology) and have several years of relevant counselling experience. Their role is to provide feedback to interns about their counselling-related work in weekly supervision meetings. Supervisors may observe interns directly during counselling sessions and/or review case notes, assessment reports, and audio or video recordings of counselling sessions to facilitate the supervisory process. Interns are expected to actively participate in the supervision process, to arrive on time and prepared for each supervisory meeting, and to complete all required written work in a timely manner.

There are two evaluations that must be completed by the on-site supervisor for each internship placement. The first is a mid-term evaluation of the internship. This evaluation ought to be used as a progress report and to alert the student and Faculty supervisor of any limitations or areas of improvement that must be addressed. Interns are formally evaluated by the on-site supervisor near the end of the placement using the evaluation form provided by the Faculty. The university supervisor uses the information in this evaluation to determine the final grade (i.e., Pass or Fail) for the course. All additional requirements and expectations for the internship course are described in the course syllabus, which is provided to interns by the University supervisor at the first seminar meeting. Supervisors or interns with additional questions should contact the course instructor.

Responsibilities of the Internship Course Instructors

Instructors teaching EDU 6473, EDU 6474, EDU 6871, EDU 6873 and EDU 6874 must conduct a minimum of one site visit for each student in the Ottawa-Gatineau region and to establish a collaborative relationship with the on-site supervisor. When students are completing internships outside the Ottawa-Gatineau region, the course instructor is expected to contact the site supervisor by telephone to discuss the student's progress.

Ethical and Professional Conduct of Interns

Students in the Educational Counselling concentration are expected to be familiar with, and to abide by, the guidelines of the Canadian Counselling Association's Code of Ethics and Standards of Practice as well as any laws that may impact their counselling. The student is expected to discuss any conflicts with their Faculty and on-site supervisors. Unethical, unprofessional, or unlawful conduct by the student may result in failure in the internship course and/or expulsion from the Educational Counselling concentration.

Community Agency Placements

Addiction and Problem Gambling Services of Ottawa

Contact:

Yvon Lemire
Director

Coordinates:

Sandy Hill Community Health Centre
221 Nelson St.

Ottawa, Ontario K1N 1C7

Telephone: (613) 789-8941

Fax: (613) 789-3964

Email : info@apgso-stjpo.ca

Website : www.apgso-stjpo.ca

Update: June 30, 2008

Programs Offered:

The Addictions and Problem Gambling Services of Ottawa works in partnerships to improve the well-being of individuals, family and community. We provide a confidential and supportive environment to help clients make choices about gambling, drug and/or alcohol use. Goals may include harm reduction, moderation or abstinence. Bilingual counselling and treatment services are available for youth, parents, adults, family members and couples. Services include assessment, treatment planning and referral, group counselling and individual counselling.

Internship Activities:

The intern can participate in: intake services, facilitation of client information groups, assessment, treatment planning, case management and referrals, individual outpatient counselling, co-facilitating group therapy. Agency only interested in students that wish to complete both terms. Students will participate in team clinical supervision meetings.

Language(s) used at the site: English and French, Bilingualism preferred. Please note that as the programs are currently undergoing renovations, we will not be able to supervise any students until the **Fall of 2009**.

Amethyst Women's Addiction Centre

Contact: Gundel Lake
Coordinates: 488 Wilbrod St.
Ottawa, Ontario K1N 6M8
Telephone: (613) 563-0363 Ext. 26
Fax: (613) 565-2175
Website: www.amethyst-ottawa.org
Email: gundell@amethyst-ottawa.org
Updated: March 6th, 2009

Programs Offered:

Confidential day treatment program for women who are concerned about their substance abuse and/or gambling. The treatment programs for both substance use and gambling include intake, assessment, individual counselling, group counselling, and an intensive treatment program. The intensive treatment program, offered seven times per year (for substance use) includes group counselling and psychoeducational workshops. The treatment program is approximately two years in length, but varies according to individual need. Women work with their counsellors to determine which components of the service are match their needs. A separate support group for lesbians is offered once per month. As well, a sexual abuse program and other follow-up workshops are available for women accessing Amethyst's services.

The Health Promotion Program also offers a range of programs for women and children, both at Amethyst and for women in the community. Programs include: Anger Solutions, Stress Management, Women Juggling Roles, Change, and the Children's Drug Abuse Prevention Program. These programs are offered at various times throughout the year according to client need and interest.

Internship Activities:

- Individual counselling, and all associated tasks related to caseload management. Also includes case management and crisis intervention.
- Group counselling
- Co-facilitation of the intensive treatment program
- Co-facilitation of psychoeducational workshops
- Participation at weekly staff and treatment team meetings

Please Note:

- Some involvement in the Health Promotion may also be possible
- Placement hours are guaranteed though it is difficult to guarantee a certain number of direct service hours due to high incidence of client drop-out

- We prefer full-time placements or if part-time, a two-term placement as it becomes more difficult to guarantee direct service hours when students are here limited hours
- Supervision each week varies, depending on the time constraints of the supervisors, though there is weekly opportunity for supervision at treatment team meetings
- Excellent opportunity for gaining experience in addiction and mental health counselling specifically related to women in a feminist environment

Language(s) used at the site: English and French, Bilingualism not required

Note: We can only take placements as of September 2009 due to staffing restrictions and have room only for one placement.

Carlington Community and Health Services

Contact:

Janet Bowes

Director, Community Services

Coordinates:

900 Merivale Rd.

Ottawa, ON

K1Z 5Z8

Telephone: (613) 722 - 4000 x. 241

Fax: (613) 761 - 1805

Email: jbowes@carlington.ochc.org

<http://www.carlington.ochc.org>

Updated: February 11th, 2009

Programs Offered:

Services available include: information, referrals, counselling and advocacy for individuals and families. Also crisis support services, short-term counselling, violence against women program, health promotion, youth programs, eviction prevention and multicultural issues.

Internship Activities:

Counselling opportunities are open for the intern mostly on individual and family levels; however some couple therapy is also available. Two semester internship preferred and students are encouraged to participate in case management meetings.

Language(s) used at the site: English and French, Bilingualism not required

Note: Students should contact well beforehand. Criminal record check required. Please send cover letter outlining interest, details of placement and resume by email to jbowes@carlington.ochc.org

Catholic Family Service Ottawa
Service familial catholique Ottawa

Contact:

Mark Holmes, M.S.W. for New Directions Placement
Rachel Maillet, MSW for Counselling Placement

Coordinates:

310 Olmstead, Ottawa, ON K1L 7K3
Telephone: (613) 233-8478
Fax: (613) 233-1482 for New Directions
(613) 233-9881 for Counselling
E-mail: info@cfsottawa.ca
Web: <http://www.cfsottawa.ca>
Updated: April 7th, 2009

Programs Offered:

Programs include: Advocacy, Counselling program, Sexual Assault Program for Francophone women who are survivors of incest and/or sexual abuse as children or adults, Family Violence Program for Francophone Women and Children, and a Partner Assault Response Program (New Directions) & Partner Outreach Program. In the Counselling Program services are offered to in both official languages to individuals, couples, and families as well as children from 6 – 12 yrs. old.. Educational and therapeutic groups are also offered. New Directions is a 16-week Partner Assault Response (PAR) Program that provides treatment to men and women who have been abusive to their intimate partners. The Sexual Assault Program offers individual counselling and therapeutic groups to francophone women who were sexually abused either as children or adults. Services are also offered to French speaking women who are survivors of political rape and war trauma. Within the Family Violence Program we provide individual counselling as well as groups and support to Francophone women who have experienced partner abuse, including groups for women 50+. The Child Witness Program helps francophone children and adolescents deal with the trauma of witnessing their mothers' abuse through groups and individual support. A concurrent mother's group is part of this program. The Transitional Housing Support Program assists women and children in both official languages to move out of abusive situations, and helps them to live lives free of violence.

Internship Activities:

Placement opportunities include working in the New Direction's Program with men at both the assessment level as well as in therapy groups. This placement is open to both male and female students. Female students may work with the female partners of male clients. Therapy is performed exclusively in a group setting. Some individual intake and assessment is involved. No preference for one or two terms. Each group session lasts 16

weeks. Students will participate in case management meetings. Hours are guaranteed.

Counselling Program:

If the student is seeking a wider area of experience, please contact this number and ask to speak with counselling supervisor to determine their preferred placement. Placement opportunities in the Counselling program require that the student have some prior counselling experience (ex. BSW field placement) in order to help us determine their ability to establish a therapeutic rapport with the clientele we serve

Language(s) used at the site: English and French, Bilingualism not required but a definite asset. English and French speaking supervisors are available to students in both programs.

Note: A criminal background check is required for this placement.

Centretown Community Health Centre

Contacts:

MaryAnn Carmichael, M.S.W., R.S.W.

Coordinates:

420 Cooper St.
Ottawa, Ontario
K2P 2N6

MaryAnn Carmichael:

Telephone: (613) 233-2317 Ext. 2189

Fax: (613) 233-2062

E-mail: m.carmichael@centretownchc.org

Web: <http://www.centretown.chc.org>

Updated: February 23rd, 2009

Programs Offered:

Offers services to adults struggling with poverty, mental health issues, low education and addiction issues. Also serve middle class adults and families. Professional activities are the following: individual counselling (majority), advocacy; crisis intervention work in the context of walk-in clinic. Assessment is performed using standardized questionnaires.

Internship Activities:

Students must be willing to do **two consecutive semesters (Fall/Winter)**. Individuals will shadow the supervisor initially and then proceed independently. Mostly opportunity for individual counselling, yet some group work is available. Hours are guaranteed and attendance to monthly case management meetings is encouraged.

Language(s) used at the site: English and French, Bilingualism not required. Individuals with previous counselling experience is preferred.

Note: A criminal background check is required for this placement. As well, English and French supervisors are available to students.

Crossroads Children Centre

Contact:

Wendy Seifert, M.Ed., C.C.C., RSW.

Coordinates:

1755 Courtwood Crescent

Ottawa, ON

K2C 3J2

Telephone: (613) 723-1623 ext. 257

Fax: (613) 723-7393

Email: wendy@crossroadschildren.ca

Web: www.ottawanonprofit.com/crossroads/

Updated: February 25th, 2009

Programs Offered:

We are a Children's Mental Health, non-profit organization. Our population consists of children between the ages of 0-12 years who present with severe emotional and behavioural difficulties, and their families. Our programs include home based services, skills training, specialized assessments and counseling. In partnership with M.F. McHugh schools, our day treatment program offers a highly structured and therapeutic educational setting for children whose emotional and behavioural problems prevent their participation in a regular classroom. We work within a multidisciplinary framework and deliver our programs through a cognitive-behavioural approach.

Internship Activities:

Interns will have the opportunity to participate in a broad range of clinical services including groups, individual (child and adult), couple and family therapy as well as, conduct clinical consultations. The intern would participate in team supervision meetings. The agency prefers students interested in completing both terms as this allows for continuity with the clients. Students are also encouraged to commit to 3 days a week (minimum) on site for an optimal experience.

Languages spoken on site: English.

Note: Candidates are asked to submit their resume and cover letter. Interviews for positions will be held in July. We do not offer any internship positions during the summer, as lower client numbers are unable to fulfill students' direct client contact hours. Also, interns **must have a vehicle**.

Family Counselling Centre of Stormont, Dundas, and Glengarry

Contact:

Michelle Gosselin, M.S.W., R.S.W.

Coordinates:

26 Montreal Road

Cornwall, Ontario

K6H 1B1

Telephone: (613) 932-4610 x. 30

Fax: (613) 932-5765

E-mail: mgosselin@familycounsellingcentre.ca

Web: <http://www.unitedwaysdg.coc/fcc.htm>

Updated: April 3rd, 2009

The Family Counselling Centre of Cornwall and United Counties is committed to building healthy communities by empowering individuals, couples and families through counselling, educational services and system advocacy.

Programs Offered:

Family Counselling Services

The Family Counselling Centre offers counselling to individuals, couples, parents and families for the purpose of alleviating problem situations and encouraging positive personal growth.

Woman Abuse Counselling and Support Services

This program provides free and confidential individual and/or group supportive counselling to women and or children who have been or are victims of violence in a relationship. Violence can take many forms. Counselling services are women and child centered.

Individual counselling and group counselling are offered. Groups, at times, are co-facilitated with other professionals from our community.

Credit Counselling Services

The credit counselling service is for anyone experiencing stress and problems due to over-indebtedness and/or money management difficulties.

The objective of the program is to alleviate the financial situation, which can create problems in the home, job and even affect the physical and emotional health of individuals. All individuals who demonstrate a willingness to resolve their financial situation are eligible.

Employee Assistance Programs (E.A.P.)

The E.A.P. is a service offering confidential professional assistance for problems related to alcohol and drug abuse, emotional, personal, family and financial difficulties which affect an employee's work and/or personal life.

Employees and their families employed by organizations that have purchased counselling services from the Family Counselling Centre, are eligible.

Internship Activities:

Student can gain experience with individual, couple and family counselling in a community setting. Family violence groups, community development. No preference for a one or two term placement and hours are guaranteed. The intern will participate in regular case management meetings.

Language(s) used at the site: English and French, Bilingualism not required

Family Services à la famille Ottawa

Contact: Jan Christensen, Director of Counselling Programs

Coordinates:

Address: 312 Parkdale Avenue

Telephone: 613-725-3601

Fax: 613-725-5651

Email: j.christensen@familyservicesottawa.org

Web: www.familyservicesottawa.org

Updated : February 17th, 2009

Programs Offered:

Family Services à la famille Ottawa offers a range of counselling and community based services through various program streams: General Counselling Program, Mental Health Program, EAP Program, Anti-Violence Program and the Community Services Program.

Internship Activities:

The General Counselling Program and the Mental Health Program accepts student internships. The General Counselling provides individual, couple, family and group services addressing a wide range of issues. The Mental Health Program specifically offers counselling services to individuals who are living with a long-term mental illness. Both programs require a two semester internship and previous counselling experience in the community (ex: Distress Line, Community Resource Centre). It is important that the student has a grounding in understanding issues of abuse, trauma, mental health, impacts of poverty, and multi-stressed families. Students receive one hour of supervision per week, as well as participate in peer consultation case discussions, team and staff meetings and staff development activities. Language(s) used at the site: English and French, Bilingualism not required.

Note: Each of the counselling programs are only able to accept one student per year. The programs receive requests from other university programs as well; it is recommended that students submit their requests for the coming fall by May previous to the fall placement.

Immigrant Women Services Ottawa

Contact:

Vivian Chan-Brouillette, M.S.W., R.S.W., C.C.C.
Manager, Crisis & Counselling Service

Coordinates:

Address:

219 Argyle St, Suite 400
Ottawa K2P 2H4

Telephone: (613) 729-3145, ext. 234

Email: infomail@immigrantwomenservices.com

Web: <http://www.immigrantwomenservices.com>

Updated: February 11th, 2009

Programs Offered:

IWSO exists to empower abused immigrant women - women of colour, refugee women, black women - and their families to achieve their full potential, become productive citizens of society and participate in the elimination of all forms of abuse against women.

IWSO offers crisis intervention, long and short term counselling, support groups, parenting groups, women counselling groups, transitional and housing support , information and referral, advocacy , interpretation services, employment services.

Programs include children who witness violence program, job search workshops, public education and outreach, cultural awareness training, language interpreter training

Language(s) used at the site: English, French; asset if intern has a 3rd language.

Jewish Family Services

Contact:

Reina McSheffrey, Counsellor/Field Supervisor
Rebecca Fromowitz, Manager – Counselling Unit

Coordinates:

2255 Carling Ave., Suite 300
Ottawa, Ontario
K2B 7Z5

Telephone: (613) 722-2225

Fax: (613) 722-7570

E-mail: rmcsheffrey@jfsottawa.com

rfromowitz@jfsottawa.com

Web: <http://www.jfsottawa.com>

Updated: March 5th, 2009

Programs Offered:

Typically, JFS counselling clients are middle or low income. Our counselling services are non-sectarian, although there are programs delivered by other Units which are dedicated only to Jewish clientele. Counselling clients seek assistance for all challenges, including difficult life transitions, depression and stress, partner abuse, grief, parenting, marital problems, unemployment issues and poverty. Individual, couple and family counselling is available. Our counselling approach is predicated on the clients' strengths and, for the most part, utilizes the brief therapy/solution-focused model. Advocacy and community development are often essential elements of the service. Intake assessments are conducted by the Intake Worker on the telephone. For children and teens, individual therapy, mentoring, and crisis intervention programs are offered. For children aged six to sixteen, psycho-educational testing is also available.

Internship Activities:

Students have the opportunity to offer counselling in whichever modality presents itself where the clients have agreed to work with a student. Counselling is offered according to the brief focused model, in which goals are negotiated and evaluated as the therapy progresses (up to 12 sessions are contracted with clients). Providing there are suitable clients, interns will be offered the opportunity to provide case management, when working with a client with limitations. Often, case management involves advocating on behalf of the client with systems, such as Ontario Works, CAS, etc. Students will be required to use Process Recordings as a learning and supervision tool.

The student will be asked to co-facilitate the Anger Management group. He or she may have the opportunity to accompany social workers in Street Smarts work. Similarly, the student may request assignments in other agency programs.

Interns will not be shadowed and should be prepared to work independently with clients, with appropriate supervision and support. Taking initiative will be valued. The agency is open to a two term placement. Participation in monthly Unit and staff meetings is expected.

Language(s) used at the site: English

Note: Summer placements may be available, provided that the counsellor who is willing to act as a field supervisor is available. Demand for placements at JFS is high. With that in mind, interested students are advised to indicate interest, either by e-mail or telephone, at least three months before the desired semester.

Leeds & Grenville Rehabilitation and Counselling Service

Contact:

Tim Mack, M.S.W, RSW
Clinical Manager

Coordinates:

25 Front Avenue W., Ste 1
Brockville, ON
K6V 4J2
Telephone: 1-866-499-8445 X. 5324
Fax: (613)-342-2498
Email: mackt@lgrcs.on.ca
Web: <http://www.lgrcs.on.ca/>
Updated on: March 30th, 2009

Programs Offered:

Leeds and Grenville Rehabilitation & Counselling Services is a community mental health program that offers recovery based services. The services offered include: case management, counselling, vocational/educational, holistic wellness, a range of structured and supportive housing options, as well as therapeutic/social recreation. The primary office location is in Brockville with satellite offices in Gananoque, Delta, Prescott and Kemptville. We are a Ministry of Health funded program with a Board of Directors.

Internship Activities:

The program that is available to students is counselling, which is offered in three (3) locations, including Gananoque, Brockville and Kemptville. The intern would be directly supervised and carry a small case load (2-4 clients). The intern would also participate in agency wide meetings, client conferences and community partnering activities. The intern would be required to follow agency policy and procedures regarding confidentiality and recording of sessions.

Morgentaler Clinic

Contact: Joan Wright RN M.Ed/Juliana Pulford MA psych

Coordinates:

Address: 65 Bank Street 3rd floor

Ottawa, on

K1P 5N2

Telephone: 613 567 8300 ex 22

Fax: 613 567 9128

Email: jwright@yenott.com

Web: www.Morgentaler.ca

Updated: February 27, 2009

Programs Offered:

We are an independent health facility funded by the province of Ontario to provide abortions services to women seeking abortions. We are a women centered clinic and believe in the integrity of the women's right to choose.

We provide clinics 3 days per week. We book 29 to 30 clients per day Wednesday, Thursday and Friday. On average we do 22 to 25 abortions per day. It is fair to say that we provide a form of crisis intervention. When women call into the clinic and we assess their gestational size, we then book them to the most appropriate resource; that can be in Ottawa (hospital or clinic); out of province, and out of country depending on the woman's need. Our client population is women in the reproductive years. We deliver direct medical care. The majority of the women are here one day only. We do have resources for follow up and referral.

Internship Activities:

The intern would see individuals as well as families and couples. Services range from counselling, assessment (psych-soc), crisis intervention to referral. We would consider a two semester internship but we would also be open to a one semester internship when appropriate to the student.

Note: Please note we will not have available teaching space until we find larger premises, hopefully by the beginning of 2010.

A bilingual student would be a definite asset. Many languages are spoken by our clientele but English and French are the most common.

Please have the students contact us well in advance. A letter of interest would be helpful but not compulsory. We would prefer to arrange an interview with the student.

Nepean, Rideau and Osgoode Community Resource Centre

Contact:

Howard Kravitz, M.S.W

Coordinates:

1642 Merivale Road, Suite 541
(Located inside the Merivale Mall)
Ottawa, Ontario
K2G 4A1
Telephone: (613) 596-5626 ext. 222
Fax: (613) 596-1870
Email: hkaravitz@ncrc.ca
Web: <http://www.ncrc.ca/>

Programs Offered:

Short-term crisis counselling is offered as well as information and referral services. Our youth and mental health outreach program administers to individuals and families with financial and marital concerns, families dealing with conflict, and mental health problems. Other services include: parenting and women's group, seniors programs, and goal setting assistance.

Internship Activities:

This facility provides: in-take, crisis intervention, short-term individual, couple and family counselling, group co-facilitation and community development services. The intern can gain experience in any of the aforementioned areas according to their preference. Hours are guaranteed and there is no preference for a one or two term placement. Students will participate in regular case management meetings.

Language(s) used at the site: English and French, Bilingualism not required

New Directions

Mark Holmes, MSW
310 Olmstead
Ottawa, K1L 7K3
(613) 233 – 8478

Contact: mholmes@newdirectionsottawa.ca

Website: www.cfssfc-ottawa.org

Updated: February 26th, 2009

Programs offered:

The New Directions Program is a 16 week counselling/education program for individuals (men and women) who have used abusive/controlling behaviour in a relationship with a spouse or partner. All clients have been referred by the Criminal Justice System.

Internship activities could include:

- Conducting intake assessment interviews, either with individual clients or in small groups of 2-4 clients
- Co-facilitating counselling groups with male clients. (English and French)
- Co-facilitating groups with female clients
- Providing telephone outreach and support to partners of male clients (female students only)

This placement is open to both male and female students. No preference for one or two terms. Hours are guaranteed. Students must be able to work at least one evening per week.

Notes: Bilingualism/multilingualism an asset but not required. Experience an asset but not required

Open Doors

Contact:

Nicki Collins, MSW, RSW

Coordinates:

Unit A

40 Bennett Street

Carleton Place

K7C 4J9

Telephone: (613) 257-8260

Fax: (613) 257-5038

Email: ncollins@opendoors.on.ca

Web: www.opendoors.on.ca

Updated: March 6th, 2009

Programs Offered:

Counselling is offered to children and youth aged 0 to 18 years and their families. The goal of this facility is to solve problems at a young age to prevent them from becoming more serious. A variety of personal problems are common including: depression, anxiety, withdrawal, anxiety, loss, violence, sexual abuse or parent-child conflict. The counselling team provides individual, group and family therapy.

Other services available to children, youth and families are: Intergenerational Trauma Treatment Model, inhome parenting supports, sexualised behaviour assessments, wraparound and Early Years services.

Internship Activities:

The intern can choose where to spend the majority of their counselling time; however a maximum of one group session per week is standard. A two semester placement is preferred and the intern will participate in case management meetings. Meeting the requirement of 60 direct client contact hours has been a challenge in the past as youth often cancel sessions or fail to attend. This is a great opportunity to gain experience with a variety of youth and family problems.

Open Doors for Lanark Children and Youth operates out of three sites: Carleton Place, Smiths Falls and Perth.

Ottawa Community Immigrant Services Organization

Contact :

Carmen Gloria Urbina, M.Ed.

Coordinates:

959 Wellington St.

Ottawa, ON

K1Y 4W1

Telephone: (613) 725-5671 x. 322

Fax: (613) 725-9054

Email: curbina@ociso.org

Web: <http://www.ociso.org>

Updated : March 6th, 2009

Programs Offered:

This service is geared towards immigrant and refugee populations, specifically counselling for clients suffering from migration and culture-related issues. The specialization of the service is in assisting survivors of war, trauma, political persecution, imprisonment, and torture. Styles of therapy include: couple, individual, family, short and long-term. The programs correspond to the cultural needs of the clients and are offered in a multitude of languages.

Internship Activities:

Mostly individual counselling is performed; however there is some opportunity for couple and family therapy. The intake is over the phone and in an interview setting. Hours are guaranteed and the students are encouraged to attend case management meetings as well as case conferences. Prefer a two term placement and interested in mature students who have had some form of cultural experience or expertise, in addition to previous experience working with youth.

Languages used on site: English, and having a 3rd language is an asset.

Ottawa Rape Crisis Centre

Contact: Carrolyn Johnston
Counselling Coordinator

Coordinates:

P.O. Box 20206

Ottawa, Ontario

K1N 9P4

Telephone: (613) 562-2334 Ext. 30

Fax: (613) 562-2291

E-mail: orcc@magma.ca

Web: <http://www.orcc.net/>

Updated: February 13th, 2009

Programs Offered:

The Ottawa Rape Crisis Centre (ORCC) is a proactive, anti-racist, feminist organization working to end all forms of sexual violence. We counsel and support women, educate for change and work to create a safe and equitable community. All of our services are free of charge.

The ORCC operates a 24-hour crisis line for women victims/survivors of all forms of sexual violence including: recent sexual assault, childhood sexual abuse and sexual harassment. Trained volunteer crisis line counsellors are responsible for responding to each call and providing crisis intervention, support, referrals and accompaniments to the hospital, police station or court as needed.

The Centre's counselling program offers crisis appointments (up to 6 sessions) and long term feminist counselling to individuals, as well as offering therapeutic groups on a variety of themes, advocacy, and information sessions in the community. The ORCC also facilitates a weekly workshop for women incarcerated at the Ottawa Carleton Detention Centre.

The Public Education program is responsible for providing training and workshops to high school, college and university students, organizations, businesses, non-profit organizations and to politicians and law enforcement personnel such as police and judges.

ORCC services are available to all women over the age of 16. Our clients come from diverse ethno-racial and cultural backgrounds. Service users also include family, friends and other supporters of victims/survivors of sexual violence.

Internship Activities:

The ORCC accepts placement students when possible in all four of its program areas: the Counselling Program, the Crisis Line Program, the Public Education Program, and the Finance and Administration Program. If you are interested in doing an

internship/placement with us please use the contact e-mail above and your e-mail will be forwarded to the specific Program Coordinator.

All placement students are required to complete the crisis line training prior to starting their placement at the ORCC. Trainings are offered 3 times a year- fall, winter and spring. For information regarding this training, please see the section on the Crisis Line Program.

Placement students may work with clients (face to face) for crisis or long-term counselling depending on the length of the placement and the skills of the student. This decision is made by the Counselling Coordinator in conjunction with the student.

Language used at the site: English.

Notes: Two semester placements are preferred.

The Phoenix Network

Contact:

Glennis Easey, M.Ed.,CCC

Coordinates:

2450 Lancaster Rd.

Ottawa, Ontario

K1B 5N3

Telephone: (613) 733-6313

Fax: (613) 733-7093

E-mail: glenniseasey@netscape.net

Web: <http://thephoenixnetwork.com/about.php>

Updated: April 6th, 2009

Programs Offered:

Neurobehavioural services for persons with brain trauma. Programs offered to brain injured clients include individual, family and group counselling, community reintegration programs, supported Independent Living, speech therapy, occupational therapy, and functional activities.

Internship Activities:

Students can gain experience with assessment and treatment. Treatment can include individual, couple, family and group counselling. Every effort is made to meet the direct client hours requirement, however hours are not guaranteed. Only two term (fall/winter) placements are considered. Students that have previous experience in working with disabled populations are preferred.

Language(s) used at the site: English and French, Bilingualism preferred.

Note: We do not anticipate taking any interns until Fall 2010

Pinecrest-Queensway Community Health Centre

Contact:

Kevin Bisback, Coordinator of Volunteers and Student Placements

Coordinates:

1365 Richmond Rd., 2nd Floor

Ottawa, Ontario

K2B 6R7

Telephone: (613) 820-4922 x. 417

Fax: (613) 288-3407

E-mail: k.bisback@pqchc.com

Web: <http://www.pqchc.com>

Updated: February 13th, 2009

Programs Offered:

This is a community based and multi-disciplinary service centre administering to the most vulnerable and at risk individuals. Counselling programs include: Adult Drop-In (recreational service for adults interested in meeting new people), Case Management (support, services, and referrals), and Intake Counselling (information, support, crisis intervention, and referrals)

Internship Activities:

Student can anticipate working in an individual counselling setting for 4 to 5 hours each day, and in-group settings for 4 to 6 hours each week. Other areas of involvement include: intake, crisis intervention, short-term individual, couple and family counselling, and group co-facilitation. The hours are guaranteed and a two-term placement is preferred. Student is encouraged to participate in weekly case management meetings

Language(s) used at the site: English and French, Bilingualism an asset.

Note: Students should contact at least 2 months ahead. Criminal record check required. Please send cover letter outlining interest as well as resume.

Rideauwood Addiction and Family Services

Contact:

Lynn Atterbury, M.S.W.

Coordinates:

312 Parkdale Ave.
Ottawa, Ontario
K1Y 4X5

Telephone: (613) 724-4881 Ext. 207

Fax: (613) 724-4873

Web: <http://www.rideauwood.org/>

E-mail: rideauwood@rideauwood.org

Updated: March 30th, 2009

Programs Offered:

Support offered to adults, adolescents, and family members who are/have been affected by addictions, substance abuse, or problem gambling. Treatment is offered in a non-residential, multi-program centre. Treatment modes are group and individual therapy. Programs that regularly accept student placements include: the adult addiction treatment and the family member program. Other programs that accept occasional student placements include: the parent, youth, problem gambling treatment, and family member gambling programs.

Internship Activities:

Interns can work with individuals who are substance abusers, or with family members of substance abusers. Students can gain experience with assessments, treatment planning, group counselling, staff consultations and individual sessions (minimal). Although assigned to one program, the student can be allowed opportunities to learn about other Rideauwood programs. It is our preference that students commit to two consecutive placements (8 months total). A one-year commitment is necessary if the student is assigned to a closed, time-limited group. The student is limited with amount of individual counselling opportunity they can perform. All students work with co-facilitators.

Language(s) used at the site: English

Note: please apply at least 6 months in advance as spots are limited and are taken up quickly by students from many educational institutions.

South-East Ottawa Centre for a Healthy Community

**Contact: Camille Bozozuk, M.Ed, CCC
Counsellor/Clinical Supervisor**

Coordinates:

Address: 600-1355 Bank Street
Ottawa, Ontario
K1H 8K7

Telephone: 613-737-4809

Fax: 613-739-8199

Email: camilleb@seochc.on.ca

Updated: March 6th, 2009

Programs Offered:

Services available include: information, referrals, counselling and advocacy for individuals and families. Also crisis support services, short-term counselling, health promotion programs for seniors and youth, housing loss prevention, multicultural issues and a medical health clinic. The population served is mainly low-income adults and families, many of whom are from the multicultural community. The majority of clients are women, many of whom are single parents. We refer to other agencies for youth who need counselling.

Internship Activities:

Counselling opportunities are open for the intern mostly on an individual basis; however some couple and family counselling is also available. The presenting issues are varied: parenting challenges, bereavement, relationship difficulties, addictions, abuse, life choices, fear/concerns, chronic illness, etc. The majority of clients are low-income and therefore are dealing with issues related to having less resources, to living in low-income housing, etc.

Presentations/workshops on social issues are encouraged. Research on clients' needs in our catchment area may be part of the work; other research opportunities may arise as needed. Second semester internship preferred and students are encouraged to participate in case management meetings.

Language(s) used at the site: English and French, Bilingualism preferred.

Note: Students should contact well beforehand. Police record check required. Please send cover letter outlining interest along with resume to Camille Bozozuk, Counsellor. Please note that we will be taking a student intern in September 2009. We will be reviewing CVs during the month of July 2009, therefore please contact well beforehand.

The Men's Project

Contact:

Wesley Moore, M.Ed., CCC

Coordinates:

180 Argyle Ave., Suite 321
Ottawa, Ontario
K2P 1B7

Telephone: (613) 230-6179 Ext. 221

Fax: (613) 230-6173

E-mail: wmoore@themensproject.ca

Web: <http://www.themensproject.ca>

Update: February 23rd, 2009

Programs Offered:

Individual, group and couples counselling is offered. Groups include: MEN AND HEALING, a group for male survivors of childhood sexual/physical abuse; ANGER MANAGEMENT, a group for men who want to resolve problems associated with their anger or rage; EMOTIONAL INTELLIGENCE, a group for men who want to improve their expression of feelings and overall communication; FATHERING PROGRAM, a group for men who want to enrich their roles as fathers; SEPARATION AND DIVORCE, a group for men experiencing a separation and/or divorce. Group services are offered in English only. Individual and couples counselling is offered in both English and French.

Internship Activities:

Crisis intervention; telephone support; co-facilitation of trauma recovery program; facilitation of educational workshops; and individual counselling opportunities are available for internship experience. The specific client population is men, particularly male survivors of sexual abuse, and spouses of male clientele. Counselling issues of focus include: PTSD, depression, abuse/violence. Some evening work may be required for groups. Only student interns willing to commit to two consecutive placements (8 months total) will be considered for this placement. Hours are guaranteed and participation in clinical supervision is required.

Language(s) used at the site: English/French

Educational Placements

Nepean High School

Contact:

Dan Refausse, M.Ed., OSCA

Coordinates:

574 Broadview Ave.

Ottawa, Ontario

K2A 3V8

Telephone: (613) 722-0936 Ext. 2412

Fax: (613) 722-5983

E-mail: dan_refausse@ocdsb.edu.on.ca

Web: <http://www.nepeanhighschool.com>

Updated: February 17th, 2009

Programs Offered:

Career, academic, and personal counselling are available to the students. Individual counselling service deals with issues including: normal concerns of teenage life, crisis situations, confidential discussions of personal situations, discussion of choices to deal with problems, conflict resolution techniques, prioritizing and setting personal goals, and referral to school and community resources.

Internship Activities:

This is a guidance placement in a public high school which offers counselling in the areas of educational, career, and personal issues. Internship consists of individual and group therapy including students and family members. Students are referred by teachers, parents, administration, special education and on their own accord. Hours are guaranteed as well as supervision time. Participation in case management meetings is strongly encouraged. A two semester placement is preferred. Internship mostly focuses on counselling teens during brief therapy sessions. Student will deal mostly with a small and regular case load.

Language(s) used at the site: English

Paul Menton Centre for Persons with Disabilities

Contact:

Julie Ouellette, M.Ed., CCC

Coordinates:

500 University Centre, 1125 Colonel By Dr.

Carleton University

Ottawa, Ontario

K1S 5B6

Telephone: 613-520-6608

Fax: 613-520-3995

Email: julie_ouellette@carleton.ca

Web: www.carleton.ca/pmc

Updated: February 24th, 2009

Programs Offered:

The Paul Menton Centre promotes equal access to education and provides individualized services to students with disabilities. The following are disabilities seen amongst the clientele: specific learning disability, psychological/psychiatric disorder, attention deficit/hyperactivity disorder, chronic medical condition, acquired brain injury, blind/visual impairment, deaf/hard of hearing, and/or physical/mobility impairment. The focus of this service is to promote *individualization*, *independence*, and *integration* by providing disability-related academic support.

Internship Activities:

Counselling will primarily take place on an individual basis; however there is some opportunity for participation in group workshops. Students must commit to a two-term placement. Supervision is mainly offered individually however there is opportunity for group case management meetings. This facility provides mainly disability-related academic counselling as well as learning support. There is opportunity to participate in personal counselling for a variety of psychiatric disorders including: anxiety, depression, obsessive-compulsive disorder, schizophrenia, etc. The hours are guaranteed.

Language(s) used at the site: English

Note: Placements available year-round. Two-term commitment preferred.

Philemon Wright High School

Contact:

Ms. B. Starkman, BA

Coordinates:

80m boul. Daniel-Johnson

Gatineau, QC

J8Z 1S3

Telephone: 819-776-3158 x. 144

Fax: 819-776-1107

Web: <http://www.pwhs.com/>

Email: bstarkman@wqsb.qc.cq/philemon

Programs Offered:

Guidance counsellors assist with educational planning and evaluating academic achievement and occupational interests. They also aid students in terms of personal, family, and school problems. The youth counsellor works with students referred by administration and develops a plan to improve social, academic, behavioural or attendance goals. Student workshop groups cover topics including: assertiveness, anger management, drugs and alcohol, etc.

Internship Activities:

Individual counselling, classroom workshops and group sessions are the primary forms of therapy in this internship. Hours are guaranteed, including supervision. Issues dealt with range in severity from academic concerns and problem behaviour to major family issues and pregnancy. Intern must commit to two semesters and weekly participation in resource meetings is strongly recommended.

McGill Career Planning Service (CaPS)

Contact:

Cindy Mancuso M.Ed., c.o.
Internship coordinator/supervisor

Coordinates:

3600 McTavish Street, Suite 2200
Montréal, Québec
H3A 1Y2
Telephone: (514) 398-3304
Fax: (514) 398-1831
Email: cindy.mancuso@mcgill.ca
Website address: www.mcgill.ca/caps
Updated: April 7th, 2009

Programs Offered:

The McGill University Career Planning Service (CaPs) offers students various resources in order to help them make career and/or academic choices. CaPS offers short-term career counselling with the goal of helping students determine what they can accomplish with their major, help students applying to Graduate or Medical School, etc. The CaPS counselors also utilize testing to provide students with additional information and assistance. Services are offered in both French and English.

Internship Activities:

The intern would have the opportunity to undertake short-term career counselling with McGill students, in addition to participating in workshops offered at the site. Interns may also have the chance to make presentations. Interns will be asked to attend monthly staff meetings.

Please note that internship hours are guaranteed. Site also prefers placements over one year, part-time (3 days per week).

Language(s) used at the site:

English and French are both utilized at the site, however knowledge of French is considered an asset, not a prerequisite.

*****PLEASE NOTE:** As this internship site is located at McGill University in Montreal, students must have this site approved by their advisor. ALSO, students will still be required to attend the weekly seminars at the University of Ottawa.

**University of Ottawa
SASS-Counselling**

Contact:

Donald Martin, M.Ps., C. Psych.Assoc.

Coordinates:

100 Marie Curie

4th Floor

Ottawa, ON

K1N 6N5

Telephone: (613) 562-5200

Fax: (613) 562-5964

Email: dmartin@uottawa.ca

Web: <http://www.sass.uottawa.ca/en/personal>

Updated : March 13th, 2009

Program Offered:

The mandate of SASS-Counselling is to provide personal/ career counseling, and coaching to students. The focus of interventions is our students' acquisition of the cognitive, emotional and social skills necessary for personal, academic and professional success. These include stress management skills, relationship skills and strategies to encourage emotional/psychological resilience

Internship Activities:

As an on-campus training site, SASS- Counselling offers the intern outstanding benefits. Our reputation for superb supervision is based on consistent, open-door access to a large team of supervisors and experienced counselling professionals. Regular meetings between intern and supervisor are rarely limited to the minimum one hour per week but are, rather, based on need. We also offer guided support through regular peer-supervision. We put a strong emphasis on professional development activities, featuring regular presentations by guest speakers as well as occasional off-site workshops. While our focus is on individual counseling, interns have the opportunity to design and/or lead psycho-educational workshops. Direct contact hours are guaranteed. Interns must commit to 500 hours of availability on-site over the span of two semesters (September to April).

University of Ottawa, Cooperative Education Programs

Contact:

Julie Vaillancourt,
M.A. Career Counselling,
Professional Development Specialist

Coordinates:

100 Thomas-More (421),
Ottawa, ON,
K1N 6N5
Telephone: 613 562-5800 ext. 3005
Fax: 613 562-5108
Email: jvaillan@uOttawa.ca
Website: www.coop.uOttawa.ca
Updated: June 6th, 2009

Programs Offered:

The Professional Development Specialist team at the department of Co-operative Education Programs provides individual advising with regards to employment and career development issues. Also, it is meant to prepare university students for their Cooperative work placements and to support them when they are facing specific work situations.

At present, we do short-term individual employment advising with regards to career development and employability issues. Starting from the Fall 2009 – onwards, we will provide career and employment counselling services to a restricted number of our students. These students will be considered a pilot group. Professional services provided will include a series of career exploration sessions which could include psychometric assessments if needed (such as the Strong and MBTI). In addition, a series of career counselling sessions for career transitions as well as employment counselling sessions could be offered.

Internship Activities:

The intern will provide: career counselling and employment advising; resumé writing assistance, job search advising, and mock interviews. Interns will also be expected to attend staff meetings.

The Professional Development Specialists' team will involve interns in special projects pertaining to diversity, access, e-learning, curriculum development and mentorship. In addition, interns will also be expected to prepare and deliver presentations and write reports.

Language(s) used at the site: Bilingualism is most definitely an asset, as 30% or more of our student population is French-speaking and we provide individual and group services

in both official languages. However, if there should be a shortage of bilingual candidates, we would certainly be willing to hire an English-speaking candidate
*****Please Note:** This Internship requires either a prior placement or a strong set of skills, autonomy and motivation to work with our student population. Our department in return provides a rich, challenging placement context in constant evolution with a dynamic team.

We therefore require students to have a specialization in career counselling, as our professional services are delivered with a strong focus on career and employment counselling.

Employee Assistance Program Placements

City of Ottawa

Contact:

Robin Roman-Crossland, MSW, RSW

Coordinates:

101 Centrepointe Drive or 1743 St. Laurent Blvd.

Ottawa, Ontario

K2G 5K7 or K1G 3V4

Telephone: (613) 580-2424 x. 23801

Fax: (613) 580-2772

Email: Robin.Roman-Crossland@ottawa.ca

Updated: February 17th, 2009

Program Offered:

The Employee Assistance Program is a voluntary, short-term (6 sessions) counselling program for all City of Ottawa employees, and family members to a more limited extent. We provide employees with assessment interviews, crisis intervention, short-term counselling, limited marital and family counselling, and referral to appropriate resources if required. Issues that bring people to counselling include both work-related and personal concerns, such as: stress, anxiety, depression, family or marital tension, parent-child conflict, organizational changes, co-worker relationships, substance abuse, bereavement, critical incidents, workplace bullying etc.

Internship Activities:

The primary focus of EAP interns is one-on-one clinical counselling and crisis intervention, including responding to an emergency beeper. On occasion, Interns may have the opportunity to counsel a couple or parent and teenager together, provide telephone intake services, and attend a debriefing or conflict mediation with one of the counsellors. We expect our students to function fairly independently, and be prepared to see clients alone after a brief orientation period. We will only accept applications from second year students, or those with some counselling experience (paid or volunteer). Interns are provided with weekly supervision and are encouraged to attend our bi-weekly clinical case discussions.

Language(s) used at the site: English and French, Bilingualism preferred

Government Agency Placements

Canadian Mental Health Association - Ottawa Branch

Contact:

Gareth Park, Program Manager

Coordinates:

1355 Bank Street, Suite 301

Ottawa, ON

K1H 8K7

Telephone: 613-737-7791 ext 188

Fax: 737-7644

Email: gpark@cmhaottawa.ca

Web: <http://www.cmhaottawa.ca>

Updated: March 16th, 2009

Programs Offered:

The Canadian Mental Health Association – Ottawa Branch works with clients with a severe and persistent mental illness who have complex needs, such as homelessness, addiction issues or involvement in the criminal justice system. Clients are attached to a case-manager who visits them in their home or in the community and assists them in identifying and reaching their goals. Clients can also access a spectrum of services ranging from addiction treatment, vocational supports and recreation. Our Brokerage service works with persons with a mental illness and developmental handicap as well as their support network. In addition to our direct service work CMHA Ottawa is actively involved in education and advocacy in the broader community. We welcome students interested in placements in any of these three areas.

Internship Activities:

CMHA is not primarily a counselling agency. Therefore in order to meet your requirements for face-to-face counselling contact hours we would work to identify clients who would benefit from your skills. It would be helpful if you can identify an area of interest or knowledge that you would be interested in working on with clients.

Note: Students interested in a placement should forward a resume and covering letter to the program manager

Children's Aid Society of Ottawa

Contact:

Michael Mulroney, MSW

Coordinates:

1602 Telesat Court

Gloucester

ON K1B 1B1

Telephone: (613) 747-7800 x 2665

Fax: (613) 747-4456

Email: michael.mulroney@casott.on.ca

Web: www.casott.on.ca

Updated: February 17th, 2009

Programs Offered:

The Children's Aid Society of Ottawa is a provincially funded social service organization whose primary purpose is the protection of children within its community. Placements at the society are offered in the areas of Child Protection Services and Child and Youth In Care Services. Within their placement experience, students will be guided through the general tasks and functions of the Society. Placements generally incorporate a progression of student involvement and responsibility in keeping with their learning objectives and abilities. During their placements, students are mentored through the functions of a child protection worker, or child services worker and introduced to the philosophy and nature of child welfare work through his/her assignment to an appropriate Field Supervisor.

Internship Activities:

The students will assist in providing direct support through case management of the Crown Ward's placement Liaison with parents and with various systems (foster homes, group homes, justice system, educational system, medical system) in order to ensure that the children's needs are met.

In all placements, students will be working under the supervision of their Field Supervisor and be a part of a team. Students will have the opportunity to attend relevant training opportunities that are offered at the Society. Students should be aware that the CAS works with both voluntary and involuntary families.

Language(s) used at the site: English and French, Bilingualism not required

Note: CAS requires that interns possess a valid driver's license and it is the student's responsibility to have a criminal record check dealing with the 'vulnerable sector'. Contact CAS at least 3 months ahead.

Accept 1-2 students for each fall, winter, and summer semesters. Please send cover letter outlining interest as well as resume to Community Services Administrative Assistant.

Employee and Organizational Assistance Program (EOAP)

Contact:

Heni Nadel, M.Ed., M.S.W., R.S.W. Manager/Gestionnaire

11 Laurier St.

PdP III-2B1-202

Gatineau, Québec

K1A 0S5

Telephone: (819) 956-1953

Fax: (819) 956-9540

E-mail: Heni.Nadel@tpsgc-pwgsc.gc.ca

Updated: February 17th, 2009

The Employee and Organization Assistance Program, PWGSC, is an internal EAP which provides services that promote personal and organizational wellness for those in the department. Our values are confidentiality, integrity and respect.

Programs Offered:

1. *Short-Term Counselling (individuals, families)*
for example:
 - psychological and emotional issues
 - suicide interventions
 - coping with illness
 - personal/work stress
 - parenting issues
 - separation/divorce/relationship
 - substance abuse
 - domestic violence
2. *Management Consultation (managers/supervisors)*
for example:
 - specific cases
 - organizational issues impacting people (and vice versa)
3. *Organizational / Group Interventions*
for example:
 - organizational wellness issues
 - dealing with change
 - specific occurrences such as bereavement, critical incident, victim of abuse/violence
4. *Educational Services*
for example:
 - EOAP on the Menu (lunch and learns)
 - EOAP Awareness sessions (managers and employees)
 - Other EOAP Wellness topics e.g. Mental Health for Managers workshops

Internship Activities:

- Intern(s) will be providing short-term individual counselling to PWGSC employees and their family members.
- Students may be given the opportunity to co-facilitate wellness workshops (i.e. anxiety workshop, work/life balance, etc).
- Students will be regularly supervised by EOAP counsellors.

Language(s) used at the site: English and French, Bilingualism required as students will be required to counsel in the preferred language of the client.

**Youth Services Bureau of Ottawa
Youth Employment Services**

Contact:

Nora Gonzalez, M.A.

Coordinates:

1355 Bank St. at Riverside Dr.

Ottawa, Ontario

K1H 8K7

Tel.: 613-236-8244

Fax: 613-236-4640

E-mail: ngonzalez@ysb.on.ca

Website: www.ysb.on.ca

www.yesottawa.com

Updated : April 3rd, 2009

Program offered:

The Youth Employment Services offers a range of services to respond to the employment needs of youth (16 to 24 years of age) and the labour need of employers. The Job Connect program has three components:

Information and Resource Service (IRS): workshops, information and resources on career and occupations, the local labour market, training opportunities and job search strategies.

Employment Planning and Preparation (EPP): individual support to clarify employment needs and develop an action plan, assist with making decisions, career exploration and job searching.

Job Development and Placement Support (JDPS): placements into employment for work experience and/or on-the-job training.

Internship Activities:

Individual employment and career counseling with youth (job search, resumes, job interview skills, career development and exploration). Group facilitation (job search workshops) to the community, Alternate and Adult High Schools. Mainly individual counseling and assessment is provided, however there is an expectation that the student participate in the other components of the program, such as outreach activities, presentations, marketing of services to employers, job placements, etc.

**Youth Services Bureau of Ottawa
Youth and Family Counselling Program**

Contact: Maureen Davidson, MSW.

Coordinates:

Address: Offices located throughout the city

Telephone: 613 596-5621 ext.25

Fax: 613 596-4600

E-mail: mdavidson@ysb.on.ca

Web: <http://www.ysb.on.ca>

Updated: April 6th, 2009

Programs Offered: Youth and Family Counselling Services

Internship Activities: Individual and Family and Parent Counselling for high risk youth (age 12-20) and their family.

Language(s) used at site: English/French

*****Specific requirements or information:** (e.g. drivers licence, two term internships, which terms students accepted.) Although not mandatory, a **drivers licence** is helpful as we are a community based service and therefore do meet clients in a variety of locations. We do ask for **two term internships** allowing for a thorough orientation followed by an opportunity to see assigned clients through their entire counselling intervention.

*****A student orientation package is completed in conjunction with our H.R. department.**

Elizabeth Fry Society of Ottawa

Contact:

Svjetlana Delic, Manager of Counselling/Community Programming

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Programs Offered:

The Elizabeth Fry Society of Ottawa provides counselling, group programming, advocacy, referral to services and outreach to women, as well as young women (under 18) at risk or in conflict with the law. Core activities include the following:

-Individual Counselling/Intervention: Using motivation and strength-based counselling, counsellors provide individual counselling to women and /or youth at risk or in conflict with the law. Following an intake assessment where the needs of the clients are established, the counsellors can provide crises counselling, anger management counselling, addiction counselling, general counselling (healthy choices), self-esteem counselling, depression and grief counselling, as well as housing help. Counsellors also cover any topics that may arise during the counselling sessions and that maybe related to women's involvement with the criminal justice system. Clients and counsellors work together to develop a plan of action based on the client's need and her ability to access community resources and services. Together counsellors and clients monitor progress and personal development. Staff, as well as volunteers and placement students offer individual counselling to clients.

-Group Programming/Intervention: Groups designed specifically to meet the needs of women and/or or young women ages 12 to 18 at risk or in conflict with the law typically run 6 to 12 week with the average being 8 weeks. All of the groups have learning modules and cover various topics, such as anger management, self-esteem, problem-solving, and life skills. They are designed to assist clients with addressing the underlying issues that may have led to their involvement with the criminal justice system. The overall objectives of group programming are to empower clients and encourage personal growth and development. The following groups typically run each year: Anger Management, Shoplifting Prevention, Life Skills and Healthy Choices. The staff with the assistance of placement students and volunteers facilitated various groups.

Internship Activities:

- Conducting Intake assessments
- Providing Individual counseling
- Providing group counseling
- Co-facilitating various groups
- Participation at weekly staff and case management meetings

Language(s) used at the site: English and French, Bilingualism not required

Roberts/Smart Centre

Contact:

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Programs Offered

The Roberts/Smart Centre is an accredited children's mental health centre that delivers specialized treatment and clinical services to improve the lives of youth living with complex behavioral and emotional needs. We deliver our services – in both English and French – in a way that involves and supports families and in close collaboration with our partners in an integrated community-based system. We provide community-based and secure-based residential treatment services to adolescents, aged 12-18 years. As well, in partnership with the Ottawa-Carleton Catholic School Board we provide day treatment services to adolescents with emotional and behavioural challenges. We work from a systems perspective, involving the family system as well as larger social systems in the treatment process. Our clinical philosophy draws from cognitive-behavioural, appreciative ally, and post-modern (i.e., solution-focused, narrative, collaborative) models; however, we do individualize treatment programs and therefore employ interventions from other therapy modalities.

Internship Activities

The intern will have the opportunity to participate in the following activities:

- Primary therapist providing weekly individual therapy for adolescents at the Fisher Park McHugh Day Treatment unit.
 - Videotaping sessions for the purpose of supervision is a requirement.
- Co-therapist with a Roberts/Smart Centre clinician to observe therapy sessions with residential clients, assist with the development of clinical impressions and treatment interventions, and the opportunity for leading therapy sessions with the clinician present for support and direct observation.
 - Opportunity to take on primary therapist responsibilities with these clients when the clinician is away on vacation or unavailable for sessions due to other work commitments.
- Co-facilitate and/or facilitate psycho-educational groups for adolescents.
- Attend and participate in all clinical meetings and management meetings, and complete tasks as designated from these meetings.

- Involvement in the development of the overall clinical program.
- Potential opportunity to attend professional development events, such as conferences or workshops.
- Weekly formal supervision with the Manager of Clinical Services and informal weekly or bi-weekly supervisions with assigned clinician.
 - Will include working on the development of core competencies and the development of knowledge and application of identified therapy modality.
 - Will include video supervision.

Languages Used at the Site: We provide services in both English and French. Bilingualism is preferred, but not required.

Note: Agency will consider interns wanting to complete only one semester of the internship; however, we prefer interns wanting to complete both semesters.